

Sunflower Garden Restaurant & Bar

LUNCH SPECIALS (11:00am-2:30pm)

All Lunch Specials include:

- One Entrée
- Choice of White or Fried rice
(Sub. Brown Rice for \$1.50)
- One Vegetable Egg Roll
- Cup of Hot & Sour Soup or Wonton Soup
(Soup is not included when ordered for takeout)

\$9.50

BBQ Pork Chow Mein
Beef Chow Mein
Chicken Chow Mein
Vegetable Chow Mein
BBQ Pork Fried Rice
Beef Fried Rice
Chicken Fried Rice
Vegetable Fried Rice
Combination Vegetables (GF) (V)
Garlic Vegetables (V)

\$11.00

Black Bean Beef
Broccoli Beef
Hunan Beef*
Oyster Sauce Beef
Snow Peas with Beef (GF)
Black Bean Shrimp
Broccoli Shrimp (GF)
Cashew Shrimp
Green Bean Shrimp
Hunan Shrimp*
Kung Pao Shrimp*
Sweet & Sour Shrimp (GF)
Vegetable Shrimp (GF)
Yu Sheng Shrimp

\$10.00

Black Bean Chicken
Broccoli Chicken (GF)
Cashew Chicken
Hunan Chicken*
Kung Pao Chicken*
Sweet & Sour Pork
Sweet & Sour Chicken
Yu Sheng Chicken*

\$12.00

Happy Family
Kung Pao 3 Gem*
Mongolian Beef*
Snow Peas w/ Shrimp (GF)
Spicy Shrimp*
General Chicken*
Sesame Chicken
Sweet & Pungent Chicken*
Sweet & Pungent Shrimp* (GF)

Entrées are made to order. If you have an allergies or dietary restrictions please inform us at the beginning of your order. Prices are subject to change for any substitutions. (GF= Gluten Free // V= Vegetarian) (* = Mildly spicy)

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APPETIZERS

BBQ Pork \$8.5

Sliced BBQ pork in a sweet glaze.

Combo Appetizers \$12

2 pieces each: Crab Rangoon, Egg Rolls, Fried Wonton, Fried Prawns and Potstickers.

Crab Rangoon (6) \$8

Deep fried wonton wrappers filled with cream cheese, imitation crab, & green onion served w/sweet & sour sauce.

Chicken Salad \$10

Romaine lettuce topped w/white meat chicken, crunchy noodles, peanuts tossed in a spicy, sweet vinaigrette.

Chicken Wings \$9

Chinese style fried chicken wings (flats) served w/sweet & sour sauce.

Egg Rolls (4) (V) \$7

Fried vegetable egg rolls served w/sweet & sour sauce.

Fried Prawns (6) (GF) \$8.5

Deep fried prawns served w/sweet & sour sauce.

Fried Squid (GF) \$9

Deep fried strips of squid served w/sweet & sour sauce.

Fried Won Ton (8) (V) \$5

Fried Wonton wrapper (no meat) served w/sweet & sour sauce.

Foil Wrapped Chicken (6) \$9

Marinated chicken wrapped in foil.

Pot Stickers (6) \$9

Pork potstickers steamed then pan fried, served w/potsticker sauce.

SOUP

Egg Flower Soup (GF) (V) \$9

Contains carrots, egg, peas, and tofu.

Hot & Sour Soup** \$9

Contains bamboo, egg, pork, tofu, & cloud ear mushroom.

Sizzling Rice Soup (GF) \$12

Chopped chicken, shrimp, snow peas, & water chestnuts in house made chicken broth served w/crispy toasted rice.

Won Ton Soup \$9

BBQ pork, pork wontons w/carrots, napa cabbage, water chestnuts, & zucchini in house made chicken broth.

Wor Won Ton Soup \$12

BBQ pork, chicken, pork wonton, & a couple of shrimp w/carrots, napa cabbage, water chestnuts, & zucchini in house made chicken broth.

FRIED RICE

All Fried Rice have egg, onion, peas, & carrots.

Egg \$8

BBQ Pork \$9

Beef \$9

Chicken \$9

House \$12

Shrimp \$10

Vegetable (V) \$9

Brown Rice (V) \$2.5

White Rice (V) \$2

CHOW MEIN

All Chow Mein have bean sprouts, cabbage, & onion.

BBQ Pork \$9

Beef \$9

Chicken \$9

House \$12

Shrimp \$10

Vegetable (V) \$9

CHOW FUN

All Chow Fun have bean sprouts, cabbage, and onions.

BBQ Pork \$11

Beef \$11

Chicken \$11

Beef w/Black Bean Sauce \$11

House \$13

Shrimp \$12

Vegetable (V) \$11

FAMILY DINNERS

Family Dinners are served with a choice of Steamed White Rice or Egg Fried Rice
Each Family Dinner is a minimum order for 2 persons. (Additional cost for any substitutions)

Dinner 'A' \$17 Per Person

- Hot and Sour Soup**
- Egg Roll and Crab Rangoon
(1 piece per person)
- Cashew Chicken
- Sweet and Sour Pork

For 3 People add;

- Hunan Beef**

For 4 people add;

- Sweet and Pungent Chicken**

Dinner 'B' \$18 Per Person

- Won Ton Soup
- Egg Roll and Fried Prawns
(1 piece per person)
- Broccoli Beef
- Sweet and Sour Chicken

For 3 People add;

- Kung Pao Chicken**

For 4 people add;

- Orange Beef**

Dinner 'C' \$19 Per Person

- Hot and Sour Soup**
- Egg Roll and Crab Rangoon
(1 piece per person)
- Sweet and Sour Chicken
- Vegetable Shrimp

For 3 People add;

- Mongolian Beef**

For 4 people add;

- General Chicken**

Dinner 'D' \$20 Per Person

- Wor Won Ton Soup
- Crab Rangoon, Egg Roll, & Fried Prawns
(1 piece per person)
- Happy Family
- Sweet and Sour Pork

For 3 People add;

- Mongolian Chicken**

For 4 people add;

- Honey Walnut Prawns

HOUSE SPECIALTIES

Black Pepper Chicken \$13.5

Dark meat chicken battered, deep fried then tossed in a black pepper sauce served w/a side of steamed broccoli.

Black Pepper Shrimp \$13.5

Shrimp battered, deep fried then tossed in a black pepper sauce served w/a side of steamed broccoli.

Black Pepper Scallop \$20

Shrimp battered, deep fried then tossed in a black pepper sauce served w/a side of steamed broccoli.

General Chicken** \$13.5

Dark meat chicken battered, deep fried then tossed in a spicy, sweet garlic sauce served w/a side of steamed broccoli.

Happy Family \$13.5

Beef, chicken, pork & shrimp sautéed w/broccoli, cabbage, carrots, mushroom, snow peas, & water chestnuts in brown sauce.

Honey Walnut Prawns (GF) \$15.5

Shrimp battered, deep fried then tossed in our special sauce & topped w/candied walnuts. (Honey Walnut Chicken also available)

House Egg Fu Yang \$15

Omelette made w/egg, onion, & napa cabbage top with beef, BBQ pork, chicken, shrimp & button mushroom in a brown sauce.

Mongolian Beef** \$14

Beef stir fried w/dried chili peppers, green onion, & yellow onion.

Orange Beef** \$13.5

Slices of beef battered, deep fried tossed in a spicy, sweet orange flavored sauce served w/a side of steamed broccoli.

Orange Chicken** \$13.5

Dark meat chicken battered, deep fried tossed in a spicy, sweet orange flavored sauce served w/a side of steamed broccoli.

Salt Pepper Chicken (GF) \$13.5

Dark meat chicken battered, deep fried, tossed w/onions sautéed in butter & sprinkled w/salt & black pepper.

Salt & Pepper Fish (GF) \$15.5

Fish fillets (Tilapia) battered, deep fried, tossed w/onions sautéed in butter & sprinkled w/salt and black pepper.

Sesame Chicken \$13.5

Dark meat chicken battered, deep fried tossed in a sweet sauce topped with sesames & served w/steamed broccoli. (Sesame Beef also available)

Sweet & Pungent Chicken** \$13.5

White meat chicken battered, deep fried then tossed in a sweet and spicy sauce.

Sweet & Pungent Shrimp** (GF) \$13.5

Shrimp battered, deep fried then tossed in a sweet & spicy sauce served w/a side of steamed broccoli.

Szechuan Chicken** \$13.5

White meat chicken battered, deep fried, tossed in a spicy brown sauce w/carrot, water chestnuts, & zucchini.

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BEEF

Beef with Snow Peas \$12.5

Beef sautéed w/snow peas & water chestnuts in a brown sauce.

Broccoli Beef \$12.5

Beef stir fried w/broccoli and carrots in a brown sauce.

Curry Beef** \$12.5

Beef sautéed w/bell pepper, carrots, & onions in a yellow curry.

Double Mushroom Beef \$13

Beef sautéed w/button mushrooms & straw mushrooms in a brown sauce.

Hunan Beef** \$12.5

Beef sautéed w/bell pepper, broccoli, cabbage, carrot, water chestnut, & zucchini in a spicy brown garlic sauce.

Green Bean Beef \$12.5

Beef sautéed w/green beans & onion.

Kung Pao Beef** \$12.5

Beef stir fried w/celery, zucchini, & peanuts in a sweet & spicy a sauce.

Oyster Sauce Beef \$12.5

Beef sautéed w/green onion, straw mushroom & water chestnuts in oyster sauce.

Pepper Steak \$12.5

Beef stir fried w/bell peppers & onion in a black pepper sauce.

Beef Egg Fu Yang \$ 14

Omelette made w/egg, onion, & napa cabbage top with BBQ pork & button mushroom in a brown sauce.

CHICKEN

Black Bean Chicken \$11

Dark meat chicken sautéed w/bell pepper & onions in a black bean sauce.

Broccoli Chicken (GF) \$11

White meat chicken stir fried w/broccoli & carrots in a white sauce.

Cashew Chicken \$11

Dark meat chicken sautéed w/cashews, celery & zucchini in brown sauce.

Garlic Chicken** \$11

White meat chicken stir fried w/bell pepper, carrots, water chestnuts, and zucchini in spicy garlic sauce.

Curry Chicken** (GF) \$11

White meat chicken sautéed w/bell pepper, carrots, & onions in yellow curry.

Double Mushroom Chicken \$11

White meat chicken sautéed w/button mushrooms & straw mushrooms in a brown sauce.

Green Bean Chicken \$11

Dark meat chicken sautéed w/green beans & onion.

Hunan Chicken** \$11

White meat chicken sautéed w/bell pepper, broccoli, cabbage, carrot, water chestnut, & zucchini in a spicy brown sauce.

Kung Pao Chicken** \$11

Dark meat chicken stir fried w/celery, zucchini, & peanuts in a sweet, spicy sauce.

Lemon Chicken \$12

White meat chicken battered, deep fried tossed in a sweet lemon sauce.

Sweet & Sour Chicken \$11

White meat chicken battered, deep fried then tossed in sweet & sour sauce w/bell pepper, pineapple, & onions.

Yu Sheng Chicken** \$11

White meat chicken sautéed w/bamboo, bell pepper, carrots, & water chestnuts in a spicy, sweet garlic sauce.

PORK

BBQ Pork Egg Fu Yang \$13

Omelette made w/egg, onion, & napa cabbage top with BBQ pork & button mushroom in a brown sauce.

Moo Shu Pork \$12

Cabbage stir fried with pork, egg, bamboo, & mushroom served w/moo shu pancakes (4) & sweet hoisin sauce.

Sweet & Sour Pork \$10.5

Pieces of pork battered & deep fried then tossed in sweet & sour sauce w/bell pepper, pineapple, & onions.

Twice Cooked Pork** \$10.5

BBQ pork sautéed w/bell pepper & cabbage in a spicy sweet sauce.

Vegetable Pork \$10.5

BBQ pork sautéed w/broccoli, cabbage, carrots, mushroom, snow peas, & water chestnut in brown sauce.

Yu Sheng Pork** \$10.5

Pork stir fried w/bamboo, bell pepper, carrots, water chestnut, & zucchini in a spicy sweet garlic sauce.

SEAFOOD

Broccoli Shrimp (GF) \$13.5

Shrimp stir fried w/broccoli & carrots in a white sauce.

Black Bean Shrimp \$13.5

Shrimp sautéed with bell pepper & onions in a black bean sauce.

Black Bean Squid \$13.5

Strips of squid sautéed with bell pepper & onions in a black bean sauce.

Cashew Shrimp \$13.5

Shrimp sautéed w/cashew nut, celery & zucchini in a brown sauce.

Curry Shrimp** (GF) \$13.5

Shrimp sautéed w/bell pepper, carrots, & onions in a yellow curry sauce.

Green Bean Shrimp \$13.5

Shrimp sautéed w/green beans and onion.

Hunan Shrimp** \$13.5

Shrimp sautéed w/bell pepper, broccoli, cabbage, carrot, water chest nut, & zucchini in a spicy brown garlic sauce.

Hot & Spicy Shrimp** (GF) \$13.5

Shrimp sautéed w/diced onions in a spicy sweet sauce.

Kung Pao Shrimp** \$13.5

Shrimp stir fried w/celery, zucchini, and peanuts in a sweet & spicy sauce.

Salt & Pepper Squid (GF) \$15

Strips of squid battered and deep fried, tossed w/onions sautéed in butter then sprinkled w/salt & black pepper.

Shrimp w/ Snow Peas (GF) \$13.5

Shrimp sautéed w/snow peas & water chestnuts in a white sauce.

Sweet & Sour Shrimp (GF) \$13.5

Shrimp battered and deep fried then tossed in sweet and sour sauce w/ bell pepper, pineapple, and onions.

Yu Sheng Shrimp** \$13.5

Shrimp stir fried w/bamboo, bell pepper, carrots, water chestnut, & zucchini in a spicy sweet garlic sauce.

VEGETARIAN

Buddha's Feast (GF) (V) \$9.5

Broccoli, cabbage, carrots, mushroom, snow peas, water chestnut and zucchini sautéed in a white sauce.

Moo Shu Vegetables (V) \$10.5

Cabbage stir fried w/egg, bamboo, and wood ear mushroom served with moo shu pancakes (4) and sweet hoisin sauce.

Sautéed Bean Sprouts (GF) (V) \$9.5

Bean sprouts sautéed w/yellow onion and green onion in a white sauce.

Sautéed Green Beans (V) \$9.5

Green beans sautéed w/ onions.

Three Fairy Tales (GF) (V) \$9.5

Mushroom, snow peas, and water chestnut sautéed in a white sauce.

Tofu with Vegetables (V) \$10.5

Fried tofu sautéed w/broccoli, cabbage, carrots, mushroom, snow peas, water chestnut, and zucchini in a brown sauce.